



## **2023-2024 Full Season**

### **All-Star Info Packet**

**The Kentucky Cheerleading Center – KCC was founded in 2012, and we have been blessed to be the cheerleading home for thousands of athletes. Kentucky Pride All-stars started in 2014 with our first half year all-star team. We added Full year all-stars in 2016. This will be our 8<sup>th</sup> season for our Full Season Elite Program. We focus on being a family friendly environment, teaching life lessons, displaying great sportsmanship, and above all our core values:**

**Passion, Respect, Integrity, Discipline, and Excellence.**

**We are thankful for all our returning athletes, their families, and are excited to grow and begin another season with you. If you are new to Kentucky Pride, we look forward to meeting you and providing your family with a truly fantastic competitive cheerleading home.**

### **Evaluations**

- **Evaluations will be held May 15<sup>th</sup> – 20<sup>th</sup>.**
- **Info Meeting: Monday, May 15<sup>th</sup> 5pm.**
- **Mandatory Eval Clinics**
- **Birth Year 2013-2017: Tuesday, May 16<sup>th</sup> 5-7pm**
- **Birth Year 2010-2016: Wednesday, May 17<sup>th</sup> 5-7pm**
- **Birth Year 2003-2015: Thursday, May 18<sup>th</sup> 5-7pm**
- **Eval Open Gym: Friday, May 19<sup>th</sup> 5-7pm**
- **Final Evaluation Day: Saturday, May 20<sup>th</sup> 10am ~ 2pm (subject to change)**

## **Team Placements**

- **Team placements are made with the team, program, and athletes' best interests in mind. Cheerleading is a complex team sport requiring many different levels of specialized training. All these areas are considered together to properly place each athlete on a team best suited for their individual needs and that of the team. Tumbling, stunting, motions, dance, jumps, tosses, experience, attitude, maturity, work ethic, and more are considered when placing athletes on a team.**
- **After the conclusion of our evaluation process, we will announce our 2023 Team Placements via social media and e-mail. We will send out e-mails about practice times for each team after Team Placements have been finalized. Mandatory parent meetings will take place during the last 30 minutes of your teams first scheduled practice. Teams will be formed that will be able to score as high as possible in both difficulty and execution/technique in every aspect of the scoresheet. It is important to understand team members will not all have the exact same tumbling skills, etc. Stunting, jumping, performance and other aspects of the scoresheet are just as important as tumbling skills. Please reach out to the All-Star Director with any questions you have about team placements. However, keep in mind placements are not negotiable.**

## **Pricing & Fees**

- **Our cheer season runs from June – May. Tuition covers weekly practices, weekend practices, and additional practices. KY Pride utilizes a **BALANCED BILLING PLAN**.**
- **DEPOSIT – \$250 Due at Team Placements.**
- **Tuition - \$135/Month**
- **All-Star Fees - \$185/Month**
- **Total Monthly Fee - \$320/Month**
- **KCC has an active Booster Club to help offset costs.**

<b><u>INCLUDED</u></b>	<b><u>NOT INCLUDED</u></b>
<b>Tuition</b>	<b>\$50 Annual Gym Membership</b>
<b>Uniform</b>	<b>\$49 Annual USASF Membership</b>
<b>Practice Wear</b>	<b>Post Season Coaches Fees</b>
<b>Varsity Ascend Cheer Shoes</b>	<b>Summit Difference (if applicable)</b>
<b>Choreography</b>	
<b>Skills Camp</b>	
<b>Competition Fees</b>	
<b>Competition Bow</b>	
<b>Music</b>	
<b>Regular Season Coaches Fees</b>	

## **Competition Schedule**

- **Competition schedule will be released in June. 2023-2024 competition schedule will include 7 competitions. 6 regular season events and one end of the year bid event.**
- **Competition schedule is subject to change based on pricing, Bids, and other factors.**

## **Choreography**

- **We will notify each team at their initial parent meeting of their specific choreography dates so summer vacations can be planned/modified to make sure your athlete is present for their choreography dates. This is a must!**
- **There will be a \$250 cancellation fee per athlete if a family decides to discontinue all-star cheer for any reason after choreography.**

## **Skills Camp**

- **We will be holding skills camp for our teams during July. Specific dates will be available at first team practice. This multi-day camp will help our teams bond and be better prepared for choreography. We will utilize this time to work on stunt sequences and pyramids. We are excited to be able to use this time to not only strengthen our building sections, but also begin bonding as a program.**

## **Payment Policy**

- **All monthly gym fees are due at the 1<sup>st</sup> practice of each month.**
- **Any athlete who has not paid by the 10<sup>th</sup> of the month will receive a \$20 late fee and be ineligible to participate.**
- **We understand there can be extenuating circumstances that may lead to payments being late; make sure to discuss any issues with KCC ahead of time and we will be happy to work with you! Failure to plan will result in late fees and ineligibility.**

## **Attendance Policy**

- **Athletes in the Full Season program will practice 2-3 times per week.**
- **Cheer requires total team participation; therefore, ALL practices are mandatory.**
- **Parents withholding athletes from practice as a method of discipline will be considered an unexcused absence.**
- **Sore muscles, stomach aches, headaches, etc... are not excuses to miss practice.**
- **If you are injured or sick resulting in a missed practice, a doctor's note will be required before returning to practice.**
- **No absences allowed within two weeks of competition. You will be taken out of choreography.**
- **In the event of a family emergency, notify KCC ASAP**
- **Each athlete is allowed 3 unexcused absences. Upon the 3<sup>rd</sup> Unexcused absence, the athlete is dismissed from the program.**
- **Excused Absences include legitimate Family Emergencies, Illness, and required academic functions.**
- **KCC should be made aware of any excused or unexcused absences no less than 2 hours before the absence.**

## **Dress Code**

**Kentucky Pride will have mandatory practice wear that must be worn to practice. Failure to do so will result in conditioning. NO EXCUSES! You are welcome to order additional practice sets for an additional charge.**

- **Provided Varsity Ascend Cheer Shoe**
- **Sports Bra**
- **Spandex**
- **Shirt**
- **Shorts**
- **No Jewelry**
- **Fingernails short**
- **Hair Up**

## **Conduct Policy**

- **Social Media will be monitored. Inappropriate posts reflect not only the athlete personally, but also the team and gym.**
- **Negative comments against the gym, coaches, other athletes, or other parents will not be tolerated.**
- **Coaches have the final say in all decisions regarding the team.**
- **Kentucky Pride athletes must always represent themselves with “Pride”.**
- **No Alcohol or Tobacco use. Athletes will be dismissed from the team immediately if found in violation of the gym substance policy.**
- **Absolutely NO Foul Language or Profanity**
- **Respect competition officials and employees! No exceptions**

## **Parents and Relatives**

- **Parents are held to the same standards as our athletes.**
- **Negative comments or gossip against the gym, coaches, other athletes, or other parents will not be tolerated. If a parent violates this rule, they will be placed on pick-up and drop-off only. This means that they will not be allowed to sit in the parent viewing room to watch practices for the remainder of the season.**
- **Parents are NEVER allowed to speak to a competition official or competition company for any reason. This is a 1 Strike policy!**
- **Parents are not allowed to represent KPAS or KCC on their own. All team activities, accommodations, fundraisers, etc.... must go through KCC, LLC.**
- **The KPAS and KCC logos are the sole property of KCC, LLC. All uses of Kentucky Pride or KCC Logo's or likeness must be approved by KCC, LLC.**
- **Leave coaching to the coaches! We are trained in proper spotting and progression. Please do not ask your child to attempt or perform skills outside of KCC.**
- **All Merchandise will go through KCC. There are absolutely no authorized sales or gifting of "Kentucky Pride" or "KCC" merchandise of any kind including but not limited to Team Names, Pride, KYP, etc. without the expressed consent of KCC. If you are found in violation of this a charge of \$35/item will be assessed to anyone wearing unapproved team attire.**

**KY Pride reserves the right to at any time alter the team handbook as we see fit.**

## **Signature Page**

**I HAVE CAREFULLY READ THIS INFORMATION PACKET AND UNDERSTAND ITS CONTENTS. I AM AWARE OF ALL OF THE POLICIES IN PLACE BY KY PRIDE ALL-STARS AND KCC, LLC. I WILL ABIDE BY ALL POLICIES LISTED ABOVE. REMOVAL FROM THE TEAM FOR NOT FOLLOWING THE ABOVE WILL NOT UNDER ANY CIRCUMSTANCE RESULT IN A REFUND. I UNDERSTAND THE FINANCIAL OBLIGATIONS AND AGREE TO THE BALANCED PAYMENT PLAN. I UNDERSTAND THE CANCELLATION FEE. FAILURE TO MAKE PAYMENTS ON TIME WILL RESULT IN DISMISSAL FROM THE PROGRAM. FAILURE TO ADHERE TO THE ATTENDANCE POLICY WILL RESULT IN DISMISSAL FROM THE PROGRAM. I UNDERSTAND BY SIGNING THIS AGREEMENT I AM MAKING A YEAR LONG TEAM AND FINANCIAL COMMITMENT TO KENTUCKY PRIDE ALL-STARS.**

**Signature of Participant:** \_\_\_\_\_ .

**Print Name:** \_\_\_\_\_ . **Date:** \_\_\_\_\_ .

**Signature of Parent or Guardian:** \_\_\_\_\_ .