



2018-2019 All-Star Packet

**“You’ve either got PRIDE, or you’ve got a
problem”**

www.kycheercenter.com

All Star Director – Alex Hull

alex@kycheercenter.com

Owner – Josh Keeling

josh@kycheercenter.com

(502) 491-1440

Evaluations

- **Evaluations will be held on May 19-20th from 3:00-5:00 at **KCC for all ages.****
- **July 11-15 All-Star Camp at the Gym from 1:00-7:00pm**

Pricing & Fees

- **Monthly All-Star tuition - includes two 2 hour practices per week with one optional tumbling practice**
 - **\$110 Tuition (Youth and Above)**
 - **\$80 Tuition (Mini and Below)**
- **Annual Gym Membership & Registration Fee**
 - **Annual Gym Membership is \$25**
 - **Registration Fee \$25**
 - **Waivers/Insurance Included**
 - **Current members do not need to pay the registration fee**
- **Uniform**
 - **~ \$275 (Returning members not required to purchase new uniform)**
- **Coaches Fee**
 - **~\$25 (Covers coaches travel expenses, per diem, etc.)**
- **USASF Fee**
 - **\$30 (Universally required to compete in All-Stars)**
- **Practice Wear**
 - **~\$30 Mandatory Team Practice Wear**

Tentative Competition Schedule

- **10/29/18 JamFest, Louisville KY**
- **11/11/18 Bluegrass Championship, Lexington KY**
- **12/08/18 - 12/09/18 WSF, Louisville KY**
- **2/16/19 JamFest Spirit Jam, Evansville IN**
- **3/2/19 – 3/3/19 Cheer Derby, Louisville KY**
- **TBD for April (Summit or U.S. Finals)**

Choreography

- **Choreography pricing depends on individual team numbers (dates TBD)**
- **Music will be a separate charge and depending on the number of athletes on each team.**

Estimated Cost

- **~\$2450 Estimated TOTAL for the year (11 Months)**
- **~\$210 MONTHLY – Monthly Charges vary depending on need. The first few months are more expensive than the last few because of uniforms and choreography.**
- **This cost does not include any fundraising**

General Policies

- **Teams are chosen and decisions are made with the team's best interest in mind**
- **If you have an issue you would like to discuss please discuss it with the coach after practice in an appropriate manner**

Payment Policy

- **All monthly gym fees are due at the 1st practice of each month**
- **Any athlete who has not paid by the 15th of the month will receive a \$10 late fee. Also at this time the athlete will become ineligible to participate**
- **We understand there can be extenuating circumstances that may lead to payments being late; make sure to discuss any issues with KCC ahead of time and we will be happy to work with you!**

Attendance Policy

- **Cheer requires total team participation, therefore ALL practices are mandatory**
- **Parents withholding athletes from practice as a method of discipline will be considered an unexcused absence**
- **Doctor's notes are required for anyone injured**
- **Sore muscles, stomach aches, headaches, etc... are not excuses to miss practice**
- **If you are injured, a doctor's note will be required before returning to practice**
- **No absences allowed within two weeks of competition. You will be taken out of choreography**
- **In the event of a family emergency, notify Alex ASAP**

Dress Code

Athletes must be dressed as such... This includes but is not limited to

- **Proper Shoes**
- **Sports Bras**
- **Spandex**
- **Shirts**
- **Shorts**
- **No Jewelry**
- **Fingernails short**
- **Hair Up**
- **Headbands are allowed. But... if they fall out, they stay out**

Conduct Policy

- **Social Media will be monitored. Inappropriate posts reflect not only the athlete personally, but also the team and gym as a whole.**
- **Negative comments against the gym, coaches, other athletes, or other parents will not be tolerated.**
- **Coaches have the final say in all decisions regarding the team**
- **KPAS athletes must represent themselves with “Pride” at all times**
- **No Alcohol or Tobacco use. Athletes will be dismissed from the team immediately if found in violation of the gym substance policy**
- **Absolutely NO Foul Language or Profanity**

- **Respect competition officials and employees! No exceptions**

Parents and Relatives

- **Parents are held to the same standards as our athletes**
- **Negative comments or gossip against the gym, coaches, other athletes, or other parents will not be tolerated. If a parent violates this rule, they will be placed on pick-up and drop-off only. This means that they will not be allowed to sit in the parent viewing room to watch practices for the remainder of the season.**
- **Parents are NEVER allowed to speak to a competition official or competition companies for any reason. This is a 1 Strike policy!**
- **Parents are not allowed to represent KPAS or KCC on their own. All team activities, accommodations, fundraisers, etc... must go through the Coach Alex or Coach Josh.**
- **The KPAS and KCC logos are the sole property of KCC, LLC. Coach Josh must approve any use of said logos or likenesses.**
- **Leave coaching to the coaches! We are trained in proper spotting and progression. Please do not ask your child to attempt or perform skills outside of KCC.**

KY Pride reserves the right to at any time alter the team handbook as we see fit.