



**Full Year All Stars 2016-2017**

“Pain is temporary, ***Pride*** is forever”

[www.kypridecheer.com](http://www.kypridecheer.com)

Facebook.com/KYPrideAllStarCheer

Twitter: KY\_Pride

Instagram: KYPrideAllStars

All Star Director - Marcus Moen

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## Evaluations: Saturday May 14th

- *11 and Under Evaluations 2-3:30 pm, 12 and Over Evaluations 3:30-5 pm*
- *Brief informational meeting will take place before each evaluation*

Evaluations cost **\$5** if you register before April 30th, **\$15 After**

The initial parent meeting will take place on **May 28th** and will coincide with the release of practice schedules. Practices will start the first week of **JUNE**.

## Tuition & Fees

- **Monthly All-star Tuition: \$100**
  - Includes two 2 hour practices and a 1 ½ hour tumbling/conditioning practice per week
- **Annual Gym Membership: \$50**
  - Registration Fee
  - Waivers/Insurance
  - Discounted Open Gym
- **USASF Membership Fee: \$30**
  - United States All Star Federation is governing body of All Star Cheer
  - Every athlete must be registered with USASF in order to compete
- **KY Pride GK Uniform: \$200** (two \$100 payments)
  - Same Uniform From Half Year Teams
- **Choreography Fee: \$125**
  - Includes routine choreography and music
  - Dates for Choreography TBD. Expect to be Mid to Late August
- **Competition Fees: \$500** (5 payments of \$100)

This adds up to a total of **\$2005** which will be paid according to the payment schedule below. There will also be many opportunities to fundraise and lower the overall cost for the season. This total does not include the cost of hotel and travel accommodations.

- **Additional Fees will be required as the season goes on such as:**
  - Practice Wear
  - Competition Bow
  - Coaches Travel Fees

## Payment Schedule:

<b>June</b>	<b>Tuition + Annual and USASF Fees</b>	<b>\$180</b>
<b>July</b>	<b>Tuition + Uniform Payment</b>	<b>\$200</b>
<b>August</b>	<b>Tuition + Choreography Fee</b>	<b>\$225</b>
<b>September</b>	<b>Tuition + Uniform Payment</b>	<b>\$200</b>
<b>October</b>	<b>Tuition + Competition Fee</b>	<b>\$200</b>
<b>November</b>	<b>Tuition + Competition Fee</b>	<b>\$200</b>
<b>December</b>	<b>Tuition + Competition Fee</b>	<b>\$200</b>
<b>January</b>	<b>Tuition + Competition Fee</b>	<b>\$200</b>
<b>February</b>	<b>Tuition + Competition Fee</b>	<b>\$200</b>
<b>March</b>	<b>Tuition</b>	<b>\$100</b>
<b>April</b>	<b>Tuition</b>	<b>\$100</b>
<b>Total</b>	<b>(without fundraising)</b>	<b>\$2005</b>

## Tentative Competition Schedule

**November 13:** UCA Bluegrass Championship  
Price: \$65

**Lexington, KY**

**December 3:** American Cheer Power Xmas Open Championship  
Price: \$85

**Columbus, OH**

**January 14:** Encore Championship  
Price: \$75

**Cincinnati, OH**

**February 4:** JAM BASH Nashville  
Price: \$90

**Nashville, TN**

**March 4-5:** Cheer Derby  
Price: \$80

**Louisville, KY**

**Late March or Mid April: Competition 6 TBD**  
Price: \$80-105

# Policies:

## **General:**

- When making team placements, both the athlete and the team are taken into great consideration. Athletes will be placed the team that **best ensures** their success and therefore the team's success.
- Coaches have the final say in all decisions regarding the team
- Only Athletes and Coaches allowed in the gym
- If there an issue that needs to be discussed it should be addressed in an appropriate manner that does not interfere with practice or competitions.

## **Payments:**

- All monthly gym fees are due at the 1st practice of each month
- To ensure that payments are received on time, each athlete must have a credit/debit card linked directly to their account
- If an athlete's balance has not been paid by the third practice of the month, the athlete will be ineligible to participate at practice and a late fee of \$10 will be charged

## **Attendance:**

- In a sport like cheerleading, the success of the team largely relies on full attendance at practice! For this reason all practices are **MANDATORY**.
  - Sore Muscles, stomach aches, headaches, etc. are not excuses to miss practice.
  - Athletes will be allowed 2 excused absences per month outside of competition season and 1 per month during competition season
  - Notice must be provided to coaches for any foreseeable absences
  - Aside from extreme circumstances, absences are never allowed during competition week. Athletes may be penalized with removal from choreography if their absence prevents teammates from fully performing their routine
- Doctor's note will be required for anyone with an injury that limits participation
  - Must provide proof when cleared to return to full activity
- Routine Choreography involves coordinated movements of **EVERY** athlete and therefore cannot be completed without the entire team.

- If an athlete is for some reason unable to attend choreography, a stand in must be provided.
- Stand in must be able to learn their routine choreography for them so they can then teach it back to them.

### **Dress Code:**

- Athletes must be dressed as such
- This can include but is not limited to:
  - Proper Shoes
  - Sports Bra
  - Spankies/spandex
  - Shirts
  - Shorts
  - No Jewelry
  - Short Fingernails

### **Conduct:**

- KY Pride Athletes must remain respectful of the gym, the coaches, and any other KY Pride athletes or parents **at all times**
- KY Pride Parents are held to the same standard as our athletes
- Negative comments against the gym, coaches, other athletes, or other parents will not be tolerated.
- Parents are NEVER allowed to speak to a competition official or competition companies for any reason
- Parents are not allowed to represent KY Pride AS or KCC unless approved by All-Star Director. All team activities, accommodations, fundraisers, apparel, etc. must go through All-Star Director and coaches
- **Leave the coaching to the coaches!** KY Pride coaches are trained in proper progression and spotting technique. Proper spotting is difficult and should not be attempted by parents without proper training. Please do not ask your athlete to attempt new skills outside of KPAS practices or KCC. Either of these scenarios could lead to your athlete being severely injured.

**KY Pride reserves the right to at any time alter the team handbook as we see fit.**